

South Bay Community Association

Health and Fitness Committee

Draft Minutes

Call to Order: Meeting called to order at 9:30am, July 1,2021

Quorum Present: Chair-Dean Rosenthal, Committee Members-
Barb Sweet, John Sweet, Maureen Black, David
Nugent

GM- Mark Torres Board Member- None present

Captain's Reports: New Assignments

Aerobic Room: Mike Porter No report

Weight Room: David Nugent No report- GM asks to
consider screens for emergency doors.

Pool: Barb Sweet- Recommendations of utilizing
reservation system to divide lap swimming from
open swimming. Maximum number of lap
swimmers should be 3 for any time period and spa will be 2.

GM will decide best times for open swim and pool classes and
max number of attendees.

Floor Exercise: David Nugent- Mark will follow through with
Board acceptance of placement of a mirror on the
stretching bar wall and follow through with
mounting it (Old Business).

Fitness Classes: ALL No report

Locker Rooms: Dean R.- Rehab of locker rooms on Facilities
agenda.

Courts: Maureen Black- Tennis Club anxious for SBCA
courts to open.

Communications: John Sweet Will construct survey of ALL SBCA
members interests.

Outdoor Fitness: Dean R. Will use survey to ascertain interest in
Gazebo Fitness Trail, New
Tennis/Pickleball Courts, Bocce
Court, Cornhole Court (Mike Porter) , Badminton,
Croquet, Kayaking, Canoeing, Paddle boating,
outdoor Tai Chi, outdoor yoga.

Old Business:

1. Re-start agreement with Dr. Michael Haberpointner as Fitness Consultant for SBCA. Instructed to write up an explanation for the need. Finance and the Board will have to consider.
2. GM Torres will follow through with organizing Pool accoutrements. Wants to divide into recreation section and fitness section. Committee thought it may be appropriate to store fitness equipment out of children's reach.
3. GM Torres to follow through with Mirror placement in stretching area.

New Business:

1. Started to prioritize goals and actions.
 - a. Need a Fitness Consultant for SBCA members.
 - b. Need to send out a survey via email and hard copy to ascertain members interests and desires. John Sweet will lead the endeavor.
2. Introduce new committee members John Sweet, Maureen Black and David Nugent to the Board for approval.
3. Utilize reservation system for pool usage.
4. Mike Porter offered to build and set up Cornhole game on grounds for member's enjoyment.
5. Update by GM Torres on tennis court usage. Estimated time of opening is July 12. Don Baker will bring stairs and railing system up to ADA code and GM Torres will place a new lock on entry to courts. New keys will be available to members. This will ensure no "public" usage. Also, will move forward to allow

Pickleball to be played on the courts. Informed that an ad hoc committee is investigating the possibility of constructing new tennis courts on Bay Club property.

6. GM Torres researching more mobile furniture in the “Class and Card Rooms” so they can be more easily moved to accommodate fitness classes.

7. Consider Mike Porter’s offer of setting up and building a Cornhole court for an estimate of \$500 at next meeting in which Mike is present to explain his plan.

Request From Board:

1. Allow a reservation system to be used for pool usage. **Passed:** 3 Max swimmers for lap swim, 2 Max occupants in spa, Children reservation times-use mask until in pool.

2. Allow placement of mirror in Stretching Area. Note: Bay Club has an existing mirror that needs to be cut and mounted. **Passed**

3. Finalize agreement with Dr. Michael Haberpointner as SBCA Fitness Consultant.

Tabled for new Board.

4. Approve John Sweet, Maureen Black, and David Nugent as Health and Fitness Committee members. **Passed**

5. Have windows placed in existing doors that separate the pool, locker room, and aerobic fitness area from the main body of the Bay Club. This will allow better control of climate, save energy and money, allow for continued safety. Work will be done “in-house” to allow negligible cost. **Passed**

Next Meeting: 8/5/21 9:30am Changed to 8/11/21 8:30 AM