

SBCA Health and Fitness Committee Agenda

Date & Time: 9:30AM SBCA Meeting Area

Attendees: Dean Rosenthal, Barb Sweet, John Sweet, , Maureen Black, David Nugent, Bill Wight

Absent:

Agenda:

1. **Call Meeting to Order**
2. **Determine Quorum**
3. **Approval of Agenda**
4. **Approval of Minutes**
5. **Captain's Reports**

Aerobic Room:	Dean Rosenthal
Weight Room:	David Nugent
Pool:	Barb Sweet
Floor Exercise:	David Nugent
Fitness Classes:	N/A
Locker Rooms:	Dean Rosenthal
Courts:	Maureen Black
Communications:	John Sweet
Outdoor Fitness:	Dean Rosenthal

6. **Old Business**

- a. **Survey**
- b. **Mirror**
- c. **Haberpointner**

7. **New Business**

- a. **John Sweet's Input**
 1. **Tai Chi Instructor- Siochain Deva**
 2. **Request additional non-voting committee member; Diane**

Hill

3. **Bay Club help for "Loneliness"**
4. **Poster request; what to purchase and how to display?**

Facilities acceptance?

8. **Manager's Remarks**

9. **Comments**

10. **Next Meeting: 11/4/21**