

Minutes of Meeting
SBCA Health and Fitness Committee
Tuesday, May 27, 2025 (June meeting.)

Attendees: Barb Sweet, Jeannette Hanson, Carolyn O'Keefe, John Sweet.

Absent:

Guests: Gil Skinner, Chris Spagle and Chester Mark.

Agenda:

1. **Meeting called to Order @ 0930.**
2. **Determine Quorum - yes**
3. **Approval of Agenda - Motion Barb/Carolyn. Passed**
4. **Approval of Minutes – Motion Carolyn/Jeannette. Passed**
5. **Accept resignations of Dean Rosenthal, Diane Olson. Motion Carolyn/Jeannette. 3 are one nay. Passed.**
6. **Consider proposal for dance class by Chester Mark.** Chester, a National Certified Ballroom Dance Teacher presented his proposal to offer a ballroom dance class that would include East Coast Swing, West Coast Swing, American Tango, Argentine Tango, Salsa, Cha Cha, Waltz, Foxtrot, Night Club Two Step, Viennese Waltz, and others. The class would begin, most likely the week of July 8 between the hours of 5:00 p.m. and 6:30 p.m. Sign ups would be called for and singles would be welcome. Mark will check the schedule and make an announcement via email and the July Communique will also announce the details. Mark will steer Chester towards liability insurance and the club will reimburse Chester the cost.

Motion Barb/Jeannette to approve offering the class. Passed.
7. **Other – none.**
8. **Next Meeting:** Consensus was to not meet in July. Next regular meeting. August 7, 2025.
9. **Motion to adjourn** Barb/Jeannette at 9:55 a.m. Passed.