

**SBCA Health & Fitness Committee Meeting**  
**Thursday, March 5, 2026**  
**Approved Minutes**

1. Call to Order at 9:30
2. Quorum Determination: A quorum of committee members was present. All committee members were in attendance: Christine Spagle, Donna Colosky, Randy Edwards, Jeannette Hanson, Adina Rivers, Dean Rosenthal, Kare Sargent, Barb Sweet and John Sweet. Also in attendance were GM Mark Torres and Gil Skinner. Jeannette Hanson left the meeting at 10:30 which had no impact on the quorum.
3. Approve Agenda – there were no suggested changes to the agenda by the committee and no questions about the agenda from the one community member present.  
The agenda was approved 9/0.
4. Approve Minutes of February 5, 2026: There were no suggested changes to the minutes of the February 5 meeting. The minutes were approved 9/0.
5. Old Business:
  - a. Status of presentations for members re: new weight room equipment  
An Open House is scheduled for March 25 from 11- noon. Dean is creating a comprehensive information sheet that will be available to attendees, John is doing a one-page flyer for the event. Randy, Dean, Barb and Jeannette have committed to being at the event.
  - b. Lockers-status: the Facilities Committee at its February meeting wanted to ensure the lockers were water resistant and were specified for a moist area. Additional information was requested from the company, and it indicates the lockers are suitable for an area similar to ours. Facilities will address this issue at its March 10 meeting.
6. New Business
  - a. Captain's Reports
    - Aerobic Room/Weight Room (Dean Rosenthal) – No big issues. The mat under the Elliptical machine is now being cleaned regularly and that's appreciated by its users. Some equipment disappears and reappears. Mark will have Melinie inform class instructors that Club equipment is not to be used for their classes.
    - Stretch Area (Barb Sweet) – No issues
    - Pool (Jeannette Hanson) – No major issues. The new informational signs on the doors are making a difference in user behavior so are having the desired outcome.
    - Locker Rooms (Jeannette) - Mold remains an issue, but Mark has scheduled cleaning for the grout and tile the week of March 9, and has scheduled future quarterly maintenance. The temperature valves and controllers have been replaced in the showers.
  - b. Fitness Area Etiquette and Rules – will be shared with the Board for its next workshop for input and if acceptable will go to the Board for approval at the April meeting.

Additionally the committee will provide information to Mark to use for a series of emails to the membership regarding rules and etiquette for the fitness area. If there are issues with specific member behaviors they will be addressed one to one by the GM

- c. Additional issues have arisen regarding appropriate behavior while working out in all fitness areas. This will be addressed by the updated etiquette rules, and as noted above if there are specific issues they will be brought to the attention of the GM for action. Members should not confront one another.

7. Issues from Other Committees:

- a. Mark provided additional information re; the pool channel drains. They appear to be clogged and he is working with a pool vendor to determine where they drain to and what the appropriate fix is.

8. Comments: The member in attendance had a comment regarding length of discussion on one of the topics. No other comments.

9. Adjourn: A motion to adjourn was made and unanimously approved – the meeting adjourned at 10:50am

Next Health & Fitness Meeting: April 2, 2026